

ADAPTED PROGRAMS

Concord Township

People of all abilities are welcome to attend. *A parent or caretaker must accompany participants who are not capable of participating independently during the program time.*

Karaoke

Come sing and dance with the DJ Steve!

F	6:00-8:00 P	3/7	\$5/person	<i>*Held at Concord Community Center</i>
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Make & Take Classes

Join instructor *Joanna Orgovan* as she teaches you how to create soaps, perfumes, nail polishes, and more that are free from many of the harmful chemicals used in everyday brands! *Please check our website for more detailed class information.*

M 6:30-8:30 P	4/7 Easter Duckies Ages 5+ \$35/person
	4/14 Easter Soaps Ages 5+ \$35/person
	5/5 Mother's Day Soap Ages 9+ \$50/couple
	5/12 Cupcake Soaps Ages 9+ \$35/person
	6/2 Flower Soaps Ages 9+ \$35/person
	7/7 Patriotic Duckies Ages 12+ \$35/person
	8/4 Summer Bug Soaps Ages 5+ \$35/person

Getting To Know Our Parks

Join us on our monthly walks to “*Get To Know Our Parks*” series. We will meet the 2nd Wednesday of the month at a park. Location of park will be emailed to you one week prior to the hike. *Instructor: Colleen Royer.* Min/Max: 5/15. Ages: 5 & up.

W	6:00-7:00 P	4/9, 5/14, 6/11, 7/9, 8/13, 9/10, 10/8	\$5/person/month
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Make & Take Birdfeeders

Its spring and the birds are hungry! Join us for a make and take bird snack to take home and enjoy bird watching in your own back yard! *Instructor: Colleen Royer.* Min/Max: 5/20. Ages: 5 & up.

Sa	10:00-11:00 A	4/19	\$5/person	<i>*Held at Concord Community Center</i>
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Adapted Fishing at Girdled Road

Reservation, South Shelter

Learn fishing basics as we fish for bluegill & largemouth bass at scenic Girdled Road Reservation (12926 Radcliffe Rd.) Bring your own pole but we'll have some to share if needed. Bait provided and meet at the picnic shelter. *Instructor: Jim Meadows.* Min/Max: 6/12.

Sa	10:00-11:00 A	4/26	\$5/person
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Adaptive Yoga

Accessible and inclusive yoga for any mobility level. This program aims to empower every BODY to experience the benefits of yoga. The class will help you to bring the mind, body and breath together through movement. All levels are welcome. Please bring a yoga mat and water bottle with you to class. *Instructor: Kerry Rihtar.* Min/Max: 5/20. Age: 15+.

Sa	10:00-11:00 A	5/24-6/14	\$40/person	<i>*Held at Concord Community Center</i>
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Summer Party & Dance

Come on out to the community center and enjoy a “beach themed” dance and game party! We will listen to some great summer music and enjoy playing summer games. *Instructor: Colleen Royer.* Min/Max: 10/40. Ages: 14 & up.

F	6:00-8:00 P	6/13	\$5/person	<i>*Held at Concord Community Center</i>
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Adaptive Kickball Game & Lunch

Join us for a fun spirited summer kickball game followed by a delicious lunch. Held at Concord Town Hall Campus. *Instructor: Jim Meadows.* Min/Max: 10/16. Ages: 14 & up.

Sa	10:30 A-12:00 P	6/21	\$5/person	<i>*Held at Concord Town Hall Campus</i>
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Mayfield Village Parks and Recreation Department
Adapted Recreation Programs
Spring/Summer 2025

DANCE FITNESS FUN

(13 yrs+) This is a low impact dance class where Miss Leah teaches choreographed moves. All moves can be modified and done with your own twist. Come get some exercise, boost your mood, express yourself and move with the music at your own pace. **Registration Deadline: the Friday before each session.**

W	5:15-6:00 P	4/2-4/23 Spring 1	\$45/session	Civic Center
		5/7-5/28 Spring 2		
		6/4-6/25 Summer 1		
		8/6-8/27 Summer 2		

SPRING DANCE/PARTY

(13 yrs+) Music, food, coloring and friends.....join in on the fun! Participants love these events even if they aren't on the dance floor. It's nice to get out and just hang out with friends and meet new people. **Must register in advance. Registration Deadline: 5/12.**

F	5:00-7:15 P	5/16	\$7	Civic Center
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SUMMER DANCE/PARTY

(13 yrs+) Music, food, coloring and friends.....join in on the fun! Participants love these events even if they aren't on the dance floor. It's nice to get out and just hang out with friends and meet new people. **Must register in advance. Registration Deadline: 7/20.**

F	5:00-7:15 P	7/25	\$7	Civic Center
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