

***Concord Township
55+ Social Group
Join Us!***



January - May 2023 Edition

**Concord Township Community Center
7671 Auburn Road
Concord Township, Ohio 44077
(440) 639-4650**

Dear Friends,

Happy New Year! Will you make a New Year's Resolution this year? If so, what will it include? Maybe you'd like to improve your physical health or save money. Perhaps making new friends and learning more about some extraordinary people of the past is high on your list. More travel is also a common goal. If any of those sound like things you want to add to your 2023 goals list, great news, Concord's Recreation Department has you covered! Please remember to call and reserve your seat for these events.

We are pleased to introduce our new Recreation Director, Sean Supler. He joins our legendary Recreation Department with extensive experience in senior activities and recreation from his 17 year career with Mayfield Village. You will be able to meet Sean at our upcoming Senior Socials in 2023.

Please enjoy this newsletter!

**Your friends,
The Recreation Staff**



SENIOR SOCIALS: JANUARY - MAY SENIOR SOCIALS

Please check off or write the date you registered in the Sign up box below once you have registered for each event you would like to attend with the Recreation Department.

Date	Event	Presenter	Sign up
Wednesday, January 11, 2023 @ 1pm:	Beaded Bracelet Making Craft	Recreation	
Wednesday, January 18, 2023 @ 1pm:	Learn to Make: Vegetable Pot Pie Soup	LaDonna Oltmanns	
Wednesday, January 25, 2023 @ 1pm:	BINGO	Recreation	
Wednesday, February 1, 2023 @ 1pm:	Heart Health talk with Dr. Paul Zellers	Dr. Paul Zellers D.O.	
Wednesday, February 8, 2023 @ 1pm:	Jane Russell and Cleveland Forgotten Memories	Dennis Suttcliffe	
Wednesday, February 15, 2023 @ 1pm:	The Extraordinary Life of Martin Luther King Jr.	Susan Cannavino	
Wednesday, February 22, 2023 @ 1pm:	BINGO	Recreation	
Wednesday, March 1, 2023 @ 1pm:	Lake County Treasurer & Auditor present: Savings for Seniors	Michael Zuren & Christopher Galloway	
Wednesday, March 8, 2023 @ 1pm:	Movie Day: A League of Their Own	Recreation	
Wednesday, March 15, 2023 @ 1pm:	Learn to Make: Colcannon and Boxy	LaDonna Oltmanns	
Wednesday, March 22, 2023 @ 1pm:	BINGO	Recreation	
Wednesday, April 5, 2023 @ 1pm:	National Walking Day	University Hospitals	
Wednesday, April 12, 2023 @ 1pm:	ABC's of Medicare	Michelle Waldron	
Wednesday, April 19, 2023 @ 1pm:	BINGO	Recreation	
Wednesday, April 26, 2023 @ 1pm:	Abraham Lincoln	Susan Cannavino	
Wednesday, May 3, 2023 @ 1pm:	Mother's Day Tea and Luncheon	Recreation	
Wednesday, May 10, 2023 @ 1pm:	Pen, Ink, and Water Color craft	Recreation	
Wednesday, May 17, 2023 @ 1pm:	Make and Take plant pots	Butler Hill Blooms	
Wednesday, May 24, 2023 @ 1pm:	BINGO	Recreation	



Wednesday, January 3, 2023 : No Senior Social

No Social today. Today is National Trivia Day.
Use this day off to test your knowledge of fun facts by playing a game of Trivial Pursuit.

Would you like to join a weekly trivia group?
Join us on **Tuesday January 24th, 2023 at 1pm at the Concord Community Center for more information.**

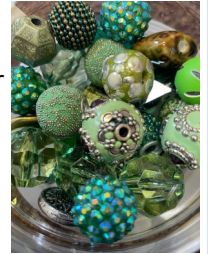
We will be participating in the Mind Challenge, a trivia game for active seniors, modeled after the popular NCAA Basketball Tournament brackets. A trivia host conducts the tournament where teams compete to advance to each of 6 rounds of competition and can win cash prizes for their respective cities. The tournament will take place between May 8th, 2023 - June 14th, 2023. More information will be provided at the January 24th, 2023 trivia meeting or by contacting the Recreation Department.



Wednesday, January 11, 2023 at 1pm: Beaded Bracelet Making

Do you have a unique outfit and would like to have a bracelet to match? Have you ever wanted to try making a beaded bracelet? If so, please join us and try your hand at a fun experience in making bracelets. Supplies and examples are provided, just bring your creativity.

Register by January 9th, 2023.



Wednesday, January 18, 2023 at 1pm: Vegetable Pot Pie Soup - DEMO

The weather is cold and what better way to warm up than with this not so traditional pot pie. We are going to take all the delicious creaminess and flavor that we find in pot pie and turn it into a quick budget friendly soup that we can easily freeze for those days we don't feel like cooking. Join us as **LaDonna from Let's Cook** brings in her mobile kitchen to share with attendees on how to make this warm creamy delight using simple easy to find ingredients. Each participant will be able to enjoy a delicious sampling after the demonstration.

Fee is \$3 per person and we have a 20 person limit on this event so please register early.



Wednesday, January 25th, 2023 at 1pm: BINGO

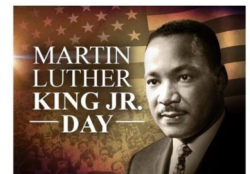
Join us for monthly BINGO! Our theme this month is: **Snowflakes**. Wear blue, white, silver, grey or something with snowflakes for a chance to pick the first prize off the prize table.



Important Monthly Info:

Please make sure to sign up for each senior social you would like to attend.

The Recreation Department will be **closed** on **Monday, January 2, 2023** in observance of New Years Day and **Monday, January 16, 2023** in observance of MLK Jr. Day.





Wednesday, February 1, 2023 at 1pm: Heart Health

February is Heart Healthy Month. Dr. Paul Zellers, D.O. will be here for a heart health discussion.



Wednesday, February 8, 2023 at 1pm: Jane Russell and Cleveland's Forgotten Memories

Just in time for the Superbowl, **Dennis Sutcliffe** is back to present a significant period of Cleveland history that is all but forgotten. In autumn of 1945, Jane Russell, glamorous movie star, had taken up residence in Cleveland to be with her husband, Bob Waterfield, who was leading the Cleveland Rams to the NFL Championship game.



Please register by February 6th, 2023.



Wednesday, February 15, 2023 at 1pm: The Extraordinary Life of Dr. Martin Luther King Jr.

February is Black History Month. Our beloved **Susan Cannavino** will give us a unique perspective of Dr. Martin Luther King, Jr's childhood, family values, adult relationships, career, etc. You will be surprised by "the untold story."



Wednesday, February 22, 2023 at 1pm: BINGO



Join us for monthly BINGO! Our theme this month is: Hearts. Wear your hearts, pink or red to BINGO this month for a chance to pick the first prize from the prize table.



Important Info:

Please make sure to sign up for each senior social you would like to attend.

The Recreation Department will be closed on

Monday, February 20, 2023 in observation of Presidents Day.





Wednesday, March 1, 2023 at 1pm: Real Estate Tax and Utility Savings

Lake County Treasurer, Michael Zuren and Auditor, Christopher Galloway will present real estate tax and utility savings options available to seniors. Several other topics and resources will also be presented.



Wednesday, March 8, 2023 at 1pm: Movie Day



March is Women's History month. We will celebrate with a movie day about empowering women. Join us for "A League of Their Own". Popcorn, candy, and pop will be served. You are encouraged to bring seat cushions.



Please register by March 6th, 2023.

Wednesday, March 15 at 1pm: Colcannon and Boxy DEMONSTRATION

It's March and for some reason we all like to think we become a little Irish during this month so why not take class and learn to make two traditional Irish dishes. Join us as **LaDonna from Let's Cook** brings in her mobile kitchen to demonstrate for participants how to use potatoes to make the traditional side dish Colcannon. After that we will use potatoes again to make the traditional Irish breakfast known as Boxy or Irish potato pancakes. Each participant will be able to enjoy a sampling of each dish.

Fee is \$3 per person and we have a 20 person limit on this event so please register early.

Wednesday, March 22 at 1pm: BINGO



Join us for monthly BINGO! Our theme this month is: Lucky. Wear green or shamrocks for a chance to pick the first prize off the prize table.



Important Monthly Info:

Please make sure to sign up for each senior social you would like to attend.



Wednesday, April 5, 2023 at 1pm: National Walking Day

We will have a speaker from University Hospitals here to educate us on the benefits of walking and exercise.



Wednesday, April 12, 2023 at 1pm: ABC's of Medicare

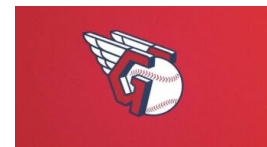
Are you tired of getting those dreaded Medicare phone calls or seeing commercials talking about Medicare and aren't sure what to believe? Michelle Waldron is back and has you covered! Bring your questions because she will have answers.



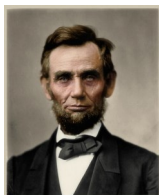
Wednesday, April 19, 2023 at 1pm: BINGO *

***Please note, this is the 3rd Wednesday of the month**

Join us for monthly BINGO! Our theme this month is: baseball. Wear your baseball caps, Guardians, Indians, etc. gear for a chance to pick the first prize off the prize table.



Wednesday, April 26 at 1pm: Abraham Lincoln presented by Susan Cannavino



Abraham Lincoln - Feb 12, 1809 - April 15th, 1865. This is a fresh perspective about Abraham Lincoln. It focuses on Lincoln's presidency and personal life during the catastrophic Civil War. It explores his spiritual challenges, as well as a detailed account of his death. There are many revelations few know.

Important Monthly Info:

Please make sure to sign up for each senior social you would like to attend.



Wednesday, May 3, 2023 at 1pm: Annual Mother's Day Tea

Join us for our annual tea graciously catered by our very own Susie Cobb and her family. Please wear a fun hat or fun bowtie and share an afternoon of food, fancy tea, and fun as we celebrate the mothers and mother figures in our lives.

All are welcome to attend!

Seating is limited, please register by April 28th, 2023.



Wednesday, May 10, 2023 at 1pm: Water color, pen and ink cards



Today's craft event will be using watercolor paints along with ink pens to create 2-3 greetings card for each attendee. Examples, directions, and supplies will be provided.

Please register for this event by May 8th, 2023 to be sure we have enough supplies.

Wednesday, May 17, 2023 at 1pm: Make and Take Mini Planters

Our very own Tracy Butler and Butler Hill Blooms will be here to teach us to make small planters just in time for the gardening season.

Please register by May 12th, 2023.



Wednesday, May 24, 2023 at 1pm: BINGO

Join us for monthly BINGO! Our theme this month is: spring. Wear your pastel colors for a chance to pick the first prize off the prize table.

Important Monthly Info:

Please make sure to sign up for each senior social you would like to attend.

The Recreation Department will be closed on Monday, May 29th, 2023 in observation of Memorial Day.



THANK YOU!

Special thank you to all those involved in making our September -December Senior Socials a success including Chief Matt Sabo from Concord Twp.'s Fire Department who helped serve our Holiday Luncheon.

THANK YOU to Mind & Body Martial Arts program for setting up our tables and chairs.
THANK YOU to the guys at the Service Department for their speedy work taking down tables and stacking chairs! We truly appreciate you!

Lastly, the Recreation Department would like to thank the Concord Township community for attending our events at the Community Center, Old Stone School, Town hall campus, Gazebo included. Your participation continues to create a wonderful sense of community where friendships are cultivated and families thrive.

Concord Township Community Events:

33rd Annual Concord Township Photo Contest

Submit electronic photographs by Tuesday, February 28 at www.concordtwp.com.
Voting begins Monday, March 6 through Friday, March 24.

To vote, go online at
www.concordtwp.com or
Concord social media platforms.
Winners will be announced
after Monday, March 27.



Red Cross Blood Drives

February 24
May 5
10am – 3pm

Concord Community Center
7671 Auburn Road

Sign up at www.redcrossblood.org



Concord Garden Club Plant and Bake Sale



is moving to

**Concord Township Community Center
7671 Auburn Road
Concord, OH 44077**

*Saturday, May 13, 2023
9:00 a.m.-11:30 a.m.*

**Beautiful perennials and
delicious home-baked treats
make great gifts for Mother's Day!**

INDOOR GARAGE SALE!

**Friday, April 21, Noon – 6pm &
Saturday, April 22, 9am – Noon**
CONCORD COMMUNITY CENTER, 7671 AUBURN ROAD
Free doughnuts and cookies while they last!
Looking to sell stuff? Contact Recreation@concordtwp.com
or call 440-639-4650.



New Tuna Casserole with Potato Chips



Ingredients

- 1 (16-oz.) package ziti pasta
- 1 (8-oz.) package haricots verts (thin green beans), cut into 1-inch pieces
- 6 tablespoons butter, divided
- 2 medium leeks, thinly sliced
- 2 (4-oz.) packages fresh gourmet mushroom blend
- ¼ cup all-purpose flour
- 3 cups heavy cream
- 1 cup organic vegetable broth
- 2 cups (8 oz.) shredded sharp white Cheddar cheese
- 6 tablespoons grated Parmesan cheese, divided
- ¼ teaspoon kosher salt
- ½ teaspoon freshly ground black pepper
- 1 (12-oz.) can solid white tuna in spring water, drained
- 2 tablespoons chopped fresh chives
- 1 tablespoon chopped fresh tarragon or parsley
- Vegetable cooking spray
- ¼ cup crushed potato chips
- ¼ cup panko (Japanese bread-crumbs)
- 2 tablespoons butter, melted
- Garnish: sliced fresh chives

1. Preheat oven to 350°F. Prepare pasta according to package directions.
2. Meanwhile, cook green beans in boiling salted water to cover 30 seconds to 1 minute or until crisp-tender; drain. Plunge into ice water to stop the cooking process; drain.
3. Melt 2 Tbsp. butter in a large skillet over medium-high heat. Add leeks, and sauté 2 minutes; add mushrooms, and sauté 5 minutes or until lightly browned. Transfer leek mixture to a small bowl. Wipe skillet clean.
4. Melt 4 Tbsp. butter in skillet over medium heat; whisk in flour, and cook, whisking constantly, 2 minutes. Gradually whisk in cream and broth. Bring mixture to a boil, stirring often. Reduce heat to medium-low; gradually whisk in Cheddar cheese and 4 Tbsp. Parmesan cheese until smooth. Stir in salt and pepper.
5. Stir cream mixture into pasta. Stir in tuna, next 2 ingredients, beans, and leek mixture; transfer to a lightly greased 13- x 9-inch baking dish.
6. Stir together potato chips, next 2 ingredients, and remaining 2 Tbsp. Parmesan cheese in a small bowl; sprinkle over pasta mixture.
7. Bake at 350°F for 35 to 40 minutes or until bubbly. Let stand 5 minutes before serving.

Tips To Make Ahead: Wrap unbaked casserole with plastic wrap, then foil, and label and freeze up to 1 month. To reheat, thaw in the fridge overnight; let stand 30 minutes at room temperature, and bake as directed.

Exercise your mind and body!

Did you know Concord Township has many different places to get outdoors and enjoy nature while getting some exercise? Below are just a few of the places you can visit and around town.

Greenway Corridor - 7125 Ravenna Road (Old Stone School entrance)

Paved paths for walking and biking, close to Chair Factory Falls

Concord Woods - 11211 Spear Road

Hiking trail, fishing (no state fishing license is required here), playground

Concord Hills - 10321 Hoose Road

Walking trail, basketball court, tennis court, playground

Town Hall Park - 7229 Ravenna Road

Pickle ball, baseball fields, playground

Jordan Creek Park - 7250 Alexander Road

Hiking, walking and biking paths, outdoor nature play, indoor nature center

***Still looking for places to explore? Join Concord's 55+ Hiking Club by contacting Rachel Lamb in the Recreation Department at 440-639-4651. The group meets each Thursday at 9:30am at different parks in the area.**



Do you enjoy trivia? We want to start a trivia group that meets each week.

Informational meeting:

Tuesday January 24th, 2023 at 1pm
at the Concord Community Center

Concord Community Center
7671 Auburn Road
Concord Township, OH 44077

MAIL TO CURRENT RESIDENT OR:

Join a Community Group

Mah Jongg - Mondays & Wednesdays, 1pm-3:30pm

Pinochle—Tuesdays, 1pm-3:30pm

Art Club (all mediums welcome!) - Tuesdays 10am-Noon

- * *Hiking Group—Thursdays, 9:30am-11:00am*
- * *Garden Club—2nd Wednesday of the month*

***Interested in starting a group? Chess, cards, crafting,
book club, etc.***

Call 440-639-4650 and let's talk about it!

**Location varies, so please call for details*

DO YOU LIKE TO READ?

Check out Concord Township's *Little Free Libraries*, located near the entrance to the Old Stone School at 7125 Ravenna Road and at the entrance of the Concord Community Center at 7671 Auburn Road. The Concord Community Center has a mini-library in our kitchen! Stop by and peruse a nice selection of fiction and non-fiction books. Take as many as you like – free! If you have books you would like to donate, simply drop them off at your convenience.



Recreation Director:

Sean Supler 440-639-4652

Recreation Administrative Assistant:

Susie Cobb 440-639-4650

Recreation Program Coordinators:

Tracy Butler 440-639-4822

Rachel Lamb 440-639-4651